

EXHIBIT E

For Immediate Release: April 2008

Inspiration and Mentoring attack Methamphetamines through the "I AM" Workshop Tour

Reno, Nevada – October 1st, 2007 – after 32 years in the music industry drummer, writer, music producer Alan CK Sweet decides to leave the industry in order to help Nevada's youth overcome the "Meth Epidemic".

"We have a very large problem, this state has the largest "meth epidemic" in the country – and it is growing!" says Mr. Sweet.

"When I look at these kids I see myself as a teen, it's like looking into a mirror – it is personal and it is scary. My niece was arrested, my nephew arrested twice for dealing. It is time for me, and you, to help all we can to keep our youth and adults from flushing away their lives with this insidious drug."

The idea for the "I AM WORKSHOP TOUR" started in Dallas, Texas during 1996 in a presentation at an unknown youth center. The director of the center was aware of Alan's recent appearance on MTV drumming in a music video he helped produced for the band "Bad Ju Ju" and felt that this might lend some credibility with the group of boys he was to speak with. Alan's acceptance by this group of recent parolee's and gang members was overwhelming. With a combination of music performance, sharing his personal experiences and group mentoring, Alan was able to help these young men onto a better path for their previously troubled lives. Alan called what he did the "I AM" WORKSHOP. Tour was added to the name later, when the workshop was held for the "TEEN CHALLENGE" organizations.

The workshop and tour has been refined over the intervening years and October 1st, 2007, was chartered as a non profit corporation by the State of Nevada.

More

Prior to this chartering, Alan had been able to preview the workshop for the Governor's Working Group on Methamphetamine, where he was introduced to Nevada's First Lady, Dawn Gibbons. "She is a very nice person and I happen to know she is just as serious and compassionate at fighting this problem as we all are", says Alan. The First Lady will be a valuable asset in assisting the "I AM WORKSHOP TOUR" achieve its goals.

"I believe that she sees the "I AM WORKSHOP TOUR" as another tool to combat the nationwide meth epidemic."

Talks have started to add a new promising innovative treatment program for a possible joint venture with the "I AM WORKSHOP TOUR". "Adding an integrated treatment

program to the attack on methamphetamine, cocaine and alcohol addictions is our answer to the problem", states Alan Sweet.

Top music industry people, friends and colleagues of Alan's many years in the industry, are coming forward to volunteer their time and talents in this battle against methamphetamines; Grammy Award Winner Frank Gambale has already agreed to appear with the I AM TOUR AND WORKSHOP at some dates. The band, "Scarlet Hope" will appear on all the free DVDs handed out at the "I AM TOUR AND WORKSHOP". Alan expects to distribute 20,000 of these mentoring and inspirational DVDs in the first year. 3/15/08 update: Leland Sklar from the Phil Collins' band may step in to help us out too. Check our "News Room" page for updates in April & May in 2008.

Inspiration, Mentoring, Entertainment and access to an (87%) successful integrated treatment program, the "I AM WORKSHOP TOUR" is a multi prong attack against methamphetamine addiction. As Alan says, "We absolutely can help them all through the "I AM" workshop tour. Because we love them and need them, they are our future."

The "I AM" Workshop Tour – "Pure Compassion".

www.iamworkshoptour.com

iamworkshoptour@live.com

Alan CK Sweet – Founder, R.A & President of the "I AM" Workshop Tour

P.O Box 686

1140 Cornell Ave

Lovelock, NV 89419

(775) 273-7002 – Main office hours are: M-F 8am to 5pm with lunch from 12-1pm

alansweetproject@yahoo.com

The "I AM" Workshop Tour - "Pure Compassion"

www.iamworkshoptour.com

Iamworkshoptour@live.com

**A nonprofit organization to
help youth & adults break
the meth addiction!**

***We are a multi prong attack on cocaine,
meth & alcohol addiction.**

***We have special guest speakers, personal
testimonies and Dove & Grammy award
winning entertainment that appears live at
certain events. We sign agreements for our
appearances of our program.**

***We give all those wishing to break their
addictions a way to do it.**

***We do this with a new promising
innovative treatment program.**

**If you have doubts, just ask Alan CK Sweet
formerly seen worldwide on MTV & our
founder. He had a (15) year addiction to
morphine and he had his addiction broken
over three years ago with this new
program called: The PROMETA treatment
program.**

(Finally the answer has arrived!)

Schedule an appointment to meet Alan

Sweet by calling: (775) 273-7002 M-F

Sam-Spm & lunch 12-1p

The "I AM" Workshop Tour

**P.O Box 686 1140 Cornell Ave Lovelock,
NV 89419**

Facts on "Crystal Meth"

Fact-It gives you meth mouth.

Fact-Meth irritates the surface of the skin w/red sores.

Fact-Crystal meth users usually take poor care of themselves(poor hygiene).

Fact-Crystal meth sets off a flood of dopamine in a person's brain that can lead to addiction, similar to cocaine, ecstasy and marijuana.

Fact-Meth brings on depression in many addicts, and it takes time for normal levels of serotonin and dopamine to be restored.

Fact-Meth interferes with the sleep cycle, and may end up causing hallucinations.

Fact-Crystal meth has been known to cause hallucinations of being swarmed by bugs, and it ends up causing addicts to rip open their skin.

Fact-Meth interferes with addict's temper.

Fact-Meth is made from poisonous substances, lye and anhydrous ammonia. Lye is used in drain cleaners and laundry detergents. Anhydrous ammonia is a powerful fertilizer used in crop production.

Fact-Cocaine and ecstasy are often tried by meth users.

Fact-Meth users often resort to alcohol to "relieve" some of the stressful side effects of doing the drug.

Fact-Meth has been known to cause heart attacks/high blood pressure.

Fact-Meth users/addicts who have children often abuse them, and the children are eventually taken away.